



ORARIO Provvisorio 2016/2017

| Lunedì | Martedì | Mercoledì | Giovedì | Venerdì |
|---------|----------|-----------|----------|----------|
| | 13,00 | | 13,00 | |
| | 14,00 | | 14,00 | |
| | Power | | Power | |
| | Pump | | Pump | |
| 18,15 | | 18,15 | | 18,15 |
| 19,15 | | 19,15 | 18,30 | 19,15 |
| Zumba | | Zumba | 19,30 | Pilates |
| Fitness | | Fitness | Capoeira | |
| 19,15 | | 19,15 | Junior | 19,15 |
| 20,15 | 19,30 | 20,15 | 19,30 | 20,15 |
| Balla e | 21,00 | Dance 4 | 20,30 | Postural |
| Brucia | Capoeira | Fit | Capoeira | Balance |
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